

Parent Education: Strengthening Families in MPUSD





The Why







The Practice



MAS created a hybrid program to support district families with developing English skills, strengthening parenting skills while also helping families navigate their children's school and their community.





Adult Education Funding Resources

The Monterey Adult School reports to and benefits from the ongoing support and vision of MPUSD.

However, the Monterey Adult School is funded by two main grants:

- California Adult Education Program (CAEP)-Annual allocation from the California Department of Education (70%)
- Workforce Innovation and Opportunity Act WIOA)Title II: Adult Education Family Literacy Act (AEFLA)-Federal Grant (20-30%)



The Priorities



MAS is committed to an "asset orientation" to Parent Education which must be engaging and inclusive.

Families will:

- Experience respect and value for current knowledge and skills
- Engage in a safe place to play and engage with their children
- Develop parenting strategies in a welcoming environment under the guidance of a Parent Educator
- Develop skills to navigate the complexities of school and communicating with school staff
- Build community for shared experiences and learning

Parent Education and Family Literacy

Supporting **Families** with Parent Education layered with English Language Skills in the following programs:

- Play and Learn with Embedded English
- ESL Satellite Classes at Elementary Schools
- Expanding Parent Education Course Offerings





The How



Parent Ed and ESL Teachers collaborated to:

- Develop English Lessons are focused on practical life and language skills for families.
- Create access to Burlington English (online ESL) for students to engage from home.
- Align ESL Lesson and Support: ESL Teacher plans mini 30 minute lessons around the Life and Language unit and basic skills. Parent Ed Teacher supports lesson throughout the week at circle time.

The Strengthening Families: Parent Education with Embedded ESL program was recognized as a "Promising Practice" from the California Department of Education in Spring 2025.



Embedded ESL in Action





English Lessons are focused on practical life and language skills for families.

- Spring 2025: "Pharmacy"
- Fall 2025: "Nutrition"
- Spring 2026: "Immigrant Rights"



Parent Ed Enrollment Trends

Quarter	2023-24	2024-25
1	N/A	104
2	N/A	143
3	75	233
4/Annual	130	249

Current enrollment 111 (Q1) and 116 (Q2)



Data Collection

Focus Area:	Data Points:	
Reading Level Gains	37% received a reading level gain on Adult Ed standardized reading assessment	
Language and Life Skills	93% passed the Language and Life Skills assessment	
Burlington English (BE): online curriculum	80% of the students logged onto BE at least 1 hour per week.	
Enrollment Data:	441 registered Parent Education students since the program launched in January 2024 (duplicated)	



Satellite Classes:

MAS offers satellite ESL classes at local elementary schools with a focus to support English skills, Family Literacy and Family/School connections.





ESL instruction is focused on supporting parents in navigating their child's school with

- Developing community skills with Language and Life related units
- Preparing for Parent Teacher conferences and other school events.
- Communicating with teachers, office staff and administration



Additional Course Offerings





- → Play & Learn Monday-Thursday | 8:30-11:30 am | 0-2 yrs. Monday-Thursday | 12:00-2:00 pm | 2-4 yrs.
- Parenting Partners October 15-November 19, 2025 | Wednesdays (Spanish) 6:00-8:00 PM
- Calm & Kind Social Emotional
 December 3-17, 2025 | Wednesdays (Spanish) 6:00-8:00 pm
 For English classes, please call our office.
- Nurturing Parent Program Community Human Services
 September 9-December 9, 2025 | Tuesdays 6:00-7:30 pm Spanish
 September 12-December 12, 2025 | Fridays 10:00-11:30 am (English)
- Fifective Parenting Therapy Group* Limit of 8 participants
 September 22 November 3, 2025 | Mondays 4:00 PM 5:00 PM
 * This class will be facilitated exclusively in Spanish.

Additional Courses:

- Family Financial Literacy in English and Spanish
- Family Safety in the car in English and Spanish
- Math and Reading Labs in English and Spanish





Community Partners

















Parent Ed in Action





Celebrating **b**Learning







Additional Info

Monterey Adult School: The Why Parent Testimonial Parent Education at the Monterey Adult School





